

DESERT AIRMAN

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Friday, June 3, 2005



Fingerpainting is fun, Mom!

Staff Sgt. Joseph Vidacak, 355th Security Forces Squadron, demonstrates the finger-printing process to Hannah Robinson, daughter of Rhonda and Lt. Col. Neal Robinson, 355th Aircraft Maintenance Squadron commander, during the Pre-Deployment Function, Jr.



Photo by Airman 1st Class Veronica Pierce

DECA awards D-M college scholarships

By Staff Sgt. Cat Casaigne
355th Wing Public Affairs

As most parents of college students know, the cost of tuition can be a burden. But the Defense Commissary Agency seeks to make going to college a little more affordable for three Davis-Monthan Air Force Base students.

Scholarships for \$1,500 each were awarded to Jennifer Stephens, Ashley Thelen and Scott Millard.

To qualify for the scholarship, each student must be a military dependant, and attend a four year college or university.

"After that, each student must submit an application showing at least a 3.0 grade point average and write an essay," said Jerry Copenhefer, Davis-Monthan Air Force Base Commissary store director.

See **Scholarships**, Page 3

355th AMDS receives Air Force level recognition, award

By Staff Sgt. Cat Casaigne
355th Wing Public Affairs

The 355th Aerospace Medicine Squadron captured the Air Force-level "Team Aerospace Award" at a ceremony May 25.

The award is presented annually to the aerospace medicine squadron that has excelled in all the areas encompassing aerospace medicine during the preceding year, said Lt. Col. Gary Hurwitz, 355th AMDS commander.

"The 355th AMDS was recognized for the implementation of benchmark programs and excelling at established programs," he said.

Colonel Hurwitz said his team was able to win the award by adhering to the Air Combat Command commander and Col. Michael Spencer's, 355th Wing commander, pillars of nurturing our Airmen, preparing to deploy when called and being ready to fight when ordered.

"Developing and nurturing our Airmen was evident in the number of individual awards generated by the squadron in the past year," he said. "Preparing to deploy was shown when we were the number one squadron for Physical Health Assessment Individual Medical Readiness rates in the Air Force for seven of 12

months in 2004, by providing quality on-going medical care to war fighters and their dependants. We excelled at fighting when ordered by deploying a significant portion of our squadron to multiple locations worldwide in direct support of the war."

According to the nomination form, another effort recognized by this award was the partnership of the 355th Medical Group's Health and Wellness Center and the 355th Services Squadron, resulting in the first ACC 5-star fitness program. In turn, the Cooper Clinic was paid to develop an Air Force fitness program modeled after D-M's.

"Receiving this award is a tremendous honor for every member of Team Aerospace and is a direct reflection of exceptional work that occurred over the preceding years," Col. Hurwitz said.

Col. Scott Van Valkenburg, 355th Medical Group commander, echoed Col. Hurwitz.

"I am so proud of these individuals who work so well together as a team," he said. "That teamwork is what led to the 355th AMDS setting so many benchmarks in ACC and the Air Force — and those benchmarks are what won this award. They should all be proud of the work they do."

The May Davis-Monthan Air Force Base timeline of sorties as of Monday

Squadron	Required	Flown	Annual	Squadron	Required	Flown	Annual
41st ECS	1,489.2	856.7	2,449.2	162nd OSB	1,428.1	1,485.1	2,135.0
43rd ECS	1,520.7	1,464.9	2,350.8	354th FS	7,465.5	7,218.2	11,296.5
55th RQS	1,836.5	1,794.9	2,880.0	357th FS	5,854.0	5,894.4	8,966.0
79th RQS	1,102.4	1,074.4	1,604.4	358th FS	5,834.0	5,937.3	8,948.0

New D-M BX now open

The new 123,000 square foot Davis-Monthan Base Exchange is now open for business. The hours of operation are Monday through Saturday from 9 a.m. to 8 p.m. and Sunday from 10 a.m. to 6 p.m.



Photo by Airman 1st Class Clark Staehle

Col. Michael Spencer, 355th Wing commander, (left) greets Peruvian air force Col. Oscar Vilela (right), while Capt. Gilberto Vazquez, U.S. Air Forces Southern Command, (center) translates for them.

Golf Course fees

Concern: The new golf memberships for active-duty personnel are great and the course is doing a good job, but I have a question: the golf course charges tournament organizers a fee per player. Why is the green-fee portion of the tournament fee not waived for members? If members pay full price to play in a tournament, they are basically paying the Golf Course twice for that round of golf.

Response: Thank you for bringing your concern regarding golf memberships to my

attention. Our golf memberships are actually advanced green fees and are good for open play only. Players may use their advanced green fee memberships for tournaments sponsored by the Golf Course (club championship, base championship and intramurals). Normally, green fees would not be included in the entry and golf carts would be optional in these events. Golf tournaments hosted by other groups are considered private tournaments and those groups are leasing the Golf Course. The tournament fees are based on the services required, the amount of players involved and seasonal rates that are in effect at the time of the tournament. The Golf Course is a strong supporter of "developing and nurturing our Airmen" and the addition of the discounted active-duty memberships for the 2005 season has increased the morale of our active duty force, and has provided a monetary savings advantage for those active-duty members who truly love the game of golf. I hope this addresses your concerns and if you have any further questions, please contact the Golf Course Director, Terry Wilks, at 228-5879.

Agency Numbers

AAFES Agencies.....	228-3904	Housing Office.....	228-3687
Accounting and		Inspector General.....	228-3558
Finance.....	228-4964	Legal.....	228-6432
Chaplain.....	228-5411	Lodging.....	228-4845
Civil Engineering.....	228-3401	Military and Civilian Equal	
Clinic.....	228-2930	Opportunity Office.....	228-5509
Commissary.....	228-3116	Military	
Family Support.....	228-5690	Personnel.....	228-5689
Fitness and Sports		Public Affairs.....	228-3204
Center.....	228-0022	Security Forces.....	228-6178
Haefner Fitness		Services.....	228-5596
Center.....	228-3714	Transportation.....	228-3584

Safety and the 101 Critical Days of Summer

Many people still resist using seat belts and pay a stiff price — their lives. If you're not convinced seat belts can mean the difference between life and death in an auto accident, consider the following.

Newer seatbelt designs allow for total range of motion while driving. The latching device secures the belt only when the car stops abruptly, as in an accident.

People who are thrown from cars are 25 times more likely to die than if they had been held securely in their seats. In the unlikely event your car catches fire or is submerged, seatbelts can keep you from getting "knocked out" and improve your chances of escape.

The majority of all car accidents occur within 25 miles of home and 80 percent of serious injuries and fatalities occur under 40 mph.

You may be a good driver, but situations beyond your control (like weather, road conditions and other drivers) can put you in danger. Drive defensively and use your seatbelt.

When all is said and done, it pays to remember that seatbelts were designed with your safety and security in mind. Seatbelts, like safety seats for children, can make a life and death difference if you or your loved ones are in an automobile accident.

Davis-Monthan Unit Public Affairs Representatives

Unit Public Affairs Representatives are the "eyes and ears" of the 355th Wing Public Affairs office. Each squadron has unique individuals with interesting stories to tell, whether it is about sports, awards, decorations, lifesaving acts, IDEA program contributions and more. UPARS are responsible for getting the information to PA in a useable format and in a timely manner. If a UPAR is not listed here, or a unit at Davis-Monthan is not represented in the following list, please contact the Desert Airman staff at 228-5092 or send an e-mail to the Desert Airman staff at desert.airman@dm.af.mil.

D-M Unit Public Affairs Representatives

12th Information Warfare Flight	
Senior Airman Kaliah Peterson.....	228-0703
25th Operational Weather Squadron	
1st Lt. Makishma Cabo.....	228-6674
41st Electronic Combat Squadron	
Senior Airman Matthew Mason.....	228-9138
43rd Electronic Combat Squadron	
1st Lt. Michael Dow.....	228-9088
Capt. Josh McIntyre.....	228-9141
354th Fighter Squadron	
1st Lt. Donald Bugg.....	228-7521
355th Aerospace Medicine Squadron	
Senior Airman Amy Rauch.....	228-5369
355th Aircraft Maintenance Squadron	
Staff Sgt. Kenneth Meyers.....	228-5432
2nd Lt. Darryl Bethelmy.....	228-2121
355th Civil Engineer Squadron	

1st Lt. David Calkins.....	228-3522
355th Communication Squadron	
Airman 1st Class	
Spencer Chambliss.....	228-0733
Staff Sgt. Mary Jane Conley.....	228-4752
355th Component Maintenance Squadron	
1st Lt. Lori Pluchinsky.....	228-3630
Capt. Anthony Rivera.....	228-4093
355th Comptroller Squadron	
Capt. Yolanda Glenn.....	228-0777
355th Dental Squadron	
Tech. Sgt. Randy West.....	228-2646
355th Equipment Maintenance Squadron	
Senior Airman Tiffany Woods.....	228-5351
1st Lt. Andrew Slaughter.....	228-8214
Tech. Sgt. Joseph Ford.....	228-4172
355th Logistic Readiness Squadron	
1st Lt. James Oriani.....	228-1130
Staff Sgt. Luis Vela.....	228-5394

355th Maintenance Operations Squadron	
Lt. Col. Matthew Mangan.....	228-4206
Master Sgt. Ronald Dyer.....	228-5583
355th Medical Operations Squadron	
Tech. Sgt. Hilda Rios.....	228-1543
355th Medical Support Squadron	
Staff Sgt. Nicholas Clisby.....	228-2870
Capt. Christa Bjerken.....	228-2115
355th Mission Support Group	
1st Lt. Dennis Smith.....	228-4631
355th Operations Group	
Capt. Brian Wigton.....	228-5050
355th Operations Support Squadron	
2nd Lt. Raymond Page.....	228-6011
355th Security Forces Squadron	
Senior Master Sgt.	
John McCormick.....	228-4791
355th Services Squadron	
Chris Sweeney.....	228-7352
355th Training Squadron	
Lt. Col. Michael Weldon.....	228-5888

355th Wing Chapel	
Capt. Matthew Boarts.....	228-5411
Staff Sgt. Tiffany Heath.....	228-5411
357th Fighter Squadron	
Airman 1st Class Ryane Chatman.....	228-4724
358th Fighter Squadron	
Staff Sgt. Cathy Register.....	228-3692
372nd Training Squadron	
Staff Sgt. Kenneth Meyers.....	228-6132
755th Aircraft Maintenance Squadron	
Airman 1st Class Jon McCormick.....	228-9938
Tech. Sgt. Robert Motz.....	228-9472
755th Operational Support Squadron	
Senior Airman Matthew Mason.....	228-9028
Captain Adam Blanchard.....	228-9613
612th Air Intelligence Group	
Staff Sgt. Jessica Clark.....	228-2386
943rd Rescue Group	
(Air Force Reserve Command)	
Master Sgt. Ruby Zarzyczny.....	228-2160
Aerospace Maintenance and Regeneration Center	
Terry Vanden-Heuvel.....	228-8448

DESERT AIRMAN

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Scholarships

Continued from Page 1

The essay topic was, "How has being a military dependant affected your educational goals."

Jennifer Stephens, the daughter of Risa and Air National Guard Lt. Col. Jeff Stephens, 162nd Fighter Wing C-26 pilot, graduated from Tucson High School this year as one of the top 25 students in her class. She will attend the University of Arizona in the fall and plans to major in English, ultimately pursuing a career teaching either elementary or high school. She also plans to minor in theater.

"This scholarship will help with room and board, since my tuition is handled through the U of A," Jennifer said. "Knowing my father worked hard throughout high school to be able to attend the Air Force Academy has been an inspiration to me to try my hardest for my own goals."

Ashley Thelen, the daughter of Michelle and Daniel Thelen, 355th Contracting Squadron, will be a junior next fall at the University of Arizona majoring in elementary education. Ultimately, she wants to be an elementary school teacher. This was her second time receiving the scholarship.

"This scholarship has and will allow me to pursue my educational aspirations at the University of Arizona," Ashley said. "It has given me the opportunity to live on campus and participate in the full college experience. Being a military dependant has taught me to be more accepting of others and how important it is to work as a team to meet a common goal. Meeting diverse people through the opportunities given to me by the military led me to a major where I will work with a variety of people. My experiences as a dependant growing up have given me the ability to appreciate the differences in every individual."

But getting this scholarship was not all her doing. Ashley realizes that many people contributed to her scholarship.

"I also would like to thank the Commissary store director, base officials, the Defense Commissary Agency, the Fisher House Foundation and my dad for giving me many opportunities with this scholarship," she said. "Growing up in a strong family



Photo by Staff Sgt. Cat Casaigne

Ashley Thelen, daughter of Michele and Daniel Thelen (not in photo), 355th Contracting Squadron, receives a plaque from Col. Michael Spencer, 355th Wing commander, and Jerry Copenhefer, D-M Commissary store director. Ashley received a DeCa scholarship for \$1,500.

with the military life-style has shaped the person I am and has taught me much about life."

Scott Millard, the son of Cindy and Senior Master Sgt. Geoffrey Millard, 354th Aircraft Maintenance Unit lead production superintendent, will be a sophomore in the fall at Arizona State University majoring in Aerospace Engineering. He has aspirations to be a U.S. Air Force F/A-22 Raptor fighter pilot. At age 18, this is his second time receiving the scholarship. He won the first one while his family was stationed at Royal Air Base Lakenheath, England.

"I thought I could write a powerful essay on the topic to help reduce the cost of college my parents have to pay," Scott said. "Being a military dependant has made me appreciate the military and the close contact with current pilots gave me the goal of being a fighter pilot. I have to thank the Commissary for making such an outstanding program available to the youth of its military."

Mr. Copenhefer said this scholarship program is just another benefit DECA offers families.

"(The Defense Commissary Agency) has given away more than \$4 million in the four years since this program began. The number of winners at each base is a function of how many applications are received. D-M received an extra scholarship this year versus the previous two years," he said. "The next scholarship drive begins in February 2006."

News Notes

New MSS hours of operation

The following are the new hours of operation for the Military Personnel Flight:

◆ Customer Service: 7:30 a.m. to 4 p.m. Military in uniform have priority from 7:30 to 9 a.m. and noon to 2 p.m.

◆ Records: Monday, Wednesday, Thursday and Friday from 7:30 a.m. to 4 p.m. and Tuesday from 9:30 a.m. to 4 p.m. To check out records Tuesday between 7:30 and 9:30 a.m., visit Customer Service.

◆ Employments: appointments are available from 8 to 11 a.m. and 2 to 4 p.m. Walk-ins are accepted from 11 a.m. to 2 p.m.

◆ Outbound Assignments: by appointment only. Documents can be placed in drop box by the door.

◆ Formal training: appointments from 8 to 11 a.m. and 2 to 4 p.m. Walk-ins are accepted from 11 a.m. to 2 p.m. Documents can be placed in drop box by the door.

◆ Retirements and Separations: by appointment only. Documents can be placed in drop box by the door.

◆ Reenlistments: appointments from 8 to 11 a.m. and 2 to 4 p.m. Walk-ins are accepted between 11 a.m. and 2 p.m.

◆ Evaluations, Promotions and Testing and the Personnel Readiness Unit are all open to customers from 7:30 a.m. to 4:30 p.m.

All MPF sections are closed for in-house training Tuesday from 7:30 to 8:30 a.m. and for physical training Thursday from 7 to 9 a.m.

Claims for or against estate

Any person or persons having claims for or against the estate of Senior Airman Ryan K. Blalock, deceased, assigned to 563rd Maintenance Squadron, should contact 1st Lt. Shaun McGowan, the Summary Court Officer, at 228-2136.

New active-duty sick call hours

The 355th Medical Group has changed its active-duty sick call hours. The hours are Monday through Friday from 7 to 8 a.m. and from 12:30 to 1 p.m. Only active-duty patients in uniform are seen during these times for acute complaints (onset of symptoms less than 72 hours prior). The only exceptions to sick call hours are federal holidays or other authorized closures. Patients may use the appointment line, 228-2778, to schedule routine appointments, medication refill requests, or to relay messages to their respective Primary Care Manager.

Terrorism history

The Liberation Tigers of Tamil Eelam launched a renewed offensive against Sri Lankan government forces by storming at least 24 police stations in northern and eastern Sri Lanka June 13, 1990. Several hundred police officers were taken as hostages and a number of these were later killed.

294

Airmen were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program since Dec. 31.

Call AADD at
850-2233

Friday through Saturday from 10 p.m. to 3 a.m.
and Sunday from 4 p.m. to midnight for a ride.



Emergency Numbers

Ambulance.....	911	Base Operations.....	228-4315
Casualty Assistance.....	228-3686	Mortuary Officer.....	228-5964 or 4414
(After duty hours).....	228-3121	(After duty hours).....	228-3121
Duty Chaplain.....	228-5411	Command Post.....	228-7400
(After duty hours).....	228-3517	355th Security Forces Crime Stop.....	228-4444
Fire Reporting.....	911	Safety.....	228-5558
Public Affairs.....	228-3204	(After duty hours).....	909-0316
(After duty hours).....	228-7400	Base locator.....	228-3347
Fraud Waste and Abuse.....	228-3177	TIPS Line.....	228-TIPS (8477)



Photos by Chris Sweeney



Top: Sue Harris (left) and Tracy Dusablon, both with the 355th Services Squadron, arrange a custom gift basket at the Davis-Monthan Arts and Crafts Center. The center offers creative craft merchandise.

Left: Larry Trueax, 355th Services Squadron, replaces the studs and works on the brakes of a customer's car. The staff at the Auto Skills Center can assist members of the Davis-Monthan community with a wide variety of car care needs. The Auto Skills Center contributed to winning an Air Combat Command level award.

Excellence

Services stomps competitors, wins ACC category award

By Stephanie Ritter
355th Wing Public Affairs

Air Combat Command named the Davis-Monthan Arts and Crafts Center and Auto Skills Center as the winners of the 2004 Services Flight and Program Award for Arts and Crafts Program of the Year.

The award came as a welcome surprise to workers at the two shops.

"Winning this award is important as it is recognition for the great job the men and women working at Arts and Crafts and Auto Hobby are doing to support the D-M community," said Jody Evans, 355th Services Squadron Community Support Flight chief. "Recognition by customers, peers and supervisors is always a great motivator."

The recognition was well earned.

"We were deemed as having the best programs offered in ACC," said Tracy Dusablon, 355th SVS Arts and Crafts Center manager. "This was primarily due to our innovative programming. The Arts and Crafts Cen-

ter offers a custom framing shop, which can frame your artwork using the latest techniques and styles; they also teach a framing class for those who like the hands on approach."

But there is more to the center.

"Our ceramic shop is one of the best in the local area with several hundred molds and a large selection of paints," Ms. Dusablon said. "The Plaque/Award shop provides some of the most innovative laser-engraved awards and gifts in the area. These include plaques, trophies, sand-blasted mugs, t-shirts and coffee mugs as well as having a custom printing area. Our Gift Shop and multi-craft sales area are here for you to learn new crafts or to purchase gifts. We also offer monthly adult and children's classes and our children's summer craft classes teach a different craft to children ages 5 to 13 years every Tuesday to Friday all summer long."

The list of services at the Auto Hobby Shop is equally long.

"The Auto Hobby Shop is a full-ser-

vice repair shop with staff available to assist anyone working on their own vehicle or contract mechanics for those who do not wish to get their hands dirty," Ms. Evans said. They offer air-conditioning service and repair, engine-diagnostic service and other vehicle repairs, vehicle towing and lock-out service.

In addition to the daily services offered, the centers are involved in cross-programming events in which they partnered with other base-wide agencies to offer programs for the D-M community. This cross-programming also helped them stand out in the ACC competition.

Some of the cross-programming included being involved in base events like Snowy Starry Southwest Night, Library Summer Reading Program and Kids Day in the Park. In addition, they have partnered with other base agencies to offer special services for the families of deployed Airmen.

For the spouses of deployed personnel, the Auto Hobby Shop offers free

oil and fluid changes which must be coordinated through the Family Support Center, Ms. Evans said. "Spouses of deployed personnel are also provided with free lockout services and free road service for flat tires when a copy of the deployed member's orders is presented. The staff at both activities are always available to teach and assist in developing skills whether it be in auto maintenance, framing or ceramics."

"Above all, we want D-M's military members to know if they are deployed we are here to help take care of their family, whether it is by helping with car problems in the Auto Hobby Shop or just helping to take the stress off of them by allowing them to relax and be creative in our Arts and Crafts Center," Ms. Dusablon said. "That's what we are all about."

For more information regarding the Arts and Crafts Center, visit Building 4430 or call 228-4385. For more information regarding the Auto Hobby Shop, visit Building 4531 or call 228-3614.

355th CES Airmen come to rescue

Base Airmen save cat stuck on pole

By Staff Sgt. Tammie Moore
355th Wing Public Affairs

Airmen from the 355th Civil Engineer Squadron Electric shop responded to an unlikely call May 26 when they were sent to base housing to retrieve a "cat on a pole."

Apparently, the cat got out of the house the night before and when his 11-year-old owner went to find him in the morning, he was high up on the pole and too scared to find his way down, said Janet Canez, 355th CES electric shop supervisor.

Staff Sgt. Jeffery Ryals and Airman 1st Class Matthew Greubel, both from the 355th CES, responded to the call. Sergeant Ryals was able to save the cat using a high reach truck.

He then returned the cat to his owner Katrina Worthery, daughter of Navy Petty Officer 2nd Class Michelle Killeen, Navy Marine Corps Reserve Center.



Photos by Janet Canez

Top: Staff Sgt. Jeffery Ryals, 355th Civil Engineer Squadron, hands Katrina Worthery, daughter of Navy Petty Officer 2nd Class Michelle Killeen, Navy Marine Corps Reserve Center, her cat after he retrieved it from the top of a telephone pole, as Airman 1st Class Matthew Greubel, also from the 355th CES, observes.

Right: A cat climbed to the top a telephone pole in base housing and became stranded. Airmen from the 355th Civil Engineer Squadron were able to rescue the cat from the top of the pole, so he could be returned to his owners.



CRIME & Punishment

The following are some of the incidents the 355th Security Forces Squadron handled from the period of May 16 through 26.

Demonstration/protesters

Visitor control notified the security forces control center to report six protestors had entered the facility and refused to depart. Security forces responded and contacted the individuals. The Tucson Police Department was also contacted. Upon security forces arrival, the protestors heeded the order to depart and repositioned their displays to Golf Links and Craycroft Roads. Upon TPD arrival the protestors departed the area.

Open container/alcohol

Installation security guards stopped and detained a civilian (no military affiliation) from entering the installation. The subject had an open container of alcohol in plain view. The TPD responded and issued the subject a citation.

Patrol response: federal agency assistance

The FBI and Immigration Customs Enforcement requested security forces assistance in apprehending a dependant for violation of copyright laws. Investigation revealed the dependant was illegally copying DVDs and CDs and selling the items via the Internet. The federal agents seized two laptop computers, a computer hard drive and numerous CDs and DVDs. In-

vestigation is on-going and charges are pending.

Patrol response: trespassing

An airman first class notified the SFCC an individual was soliciting magazine sales within the dormitory area. Security forces responded and detained the individual. The subject could provide no identification and no proof of being escorted onto the installation. The TPD responded and arrested the subject for trespassing.

Possible driving under the influence (civilian, no military affiliation)

Installation security guards notified the SFCC a vehicle had stopped approximately 200 feet from the installation gate and it appeared the vehicle occupants were changing to another driver. Security forces responded and questioned the individuals. Investigation revealed the subjects were intoxicated and had false Mexican driver's licenses. Border Patrol responded and detained the individuals.

Shoplifting

A base exchange store detective notified the SFCC they had detained an Army dependant for shoplifting various make-up items. Security forces and TPD responded. Security forces issued the subject an Army Air Force Exchange Services Revocation of Privileges Letter and TPD arrested the subject for shoplifting.

Tucson police/assistance rendered

Tucson police notified the SFCC approximately 30 individuals were attempting to elude TPD and were moving on foot towards the installation. Security forces responded to the perimeter fence and established blocking forces to intercept the individuals. The TPD detained and arrested 10 of the individuals and the other subjects dispersed without incident.

Vandalism to private property

A dependant of a technical sergeant reported damage to their two vehicles. Investigation revealed unknown person(s) had scratched both vehicles a multitude of times. The investigation is ongoing.

Speeding note

For speeding violations the following points are assessed against traffic record:

- ◆ For going one through 10 mph more than the speed limit three points will be assessed.
- ◆ For going 11 through 15 mph more than the speed limit five points will be assessed.
- ◆ For going 16 through 20 mph more than the speed limit nine points will be assessed.
- ◆ For going more than 20 mph more than the speed limit 12 points will be assessed.
- ◆ Failure to utilize a non-hands free cell phone while driving will cause a two point assessment.



Volunteers help veterans choose new boots at the 2005 Homeless Veterans Stand Down May 21. New footwear was one of many items afforded the veterans.

Courtesy photos

Veterans stand down, D-M Airmen give aid to homeless

By Senior Airman Troy Hawkes
355th Wing Public Affairs

Thirty Davis-Monthan volunteers brought much-needed care to more than 100 homeless veterans in the 2005 Homeless Veterans Stand Down held May 21 at the Pima Community College Desert Vista Campus fitness center.

The stand down was coordinated by the Pima County Department of Economic Security, Pima County Homeless Veterans' Reintegration Program and Comin' Home, a residence for veterans in transition.

"The event is a grassroots, community-based intervention program designed to help our city's homeless veterans combat life on the streets," said Jeffrey Halstead, 355th Mission Support Squadron D-M volunteer coordinator. "These homeless veterans are provided access to the community resources needed to begin to address their individual problems and rebuild their lives. In the military, stand downs afford battle-weary warriors the opportunity to renew their spirit, health and overall sense of well-being. Tucson's stand down affords the same opportunity to homeless veterans."

Veterans were offered the chance to take advantage of many different opportunities throughout the day.

"The few hours that I contributed were nothing compared to the thousands of hours that others had dedicated to making the stand down an all-day success," said 1st Lt. Heather Wayland, 355th Mission Support Group. "There were two meals coordinated for the vets. There were hot showers, free clothing, backpacks and books. A live band played all day, free health exams were available and much more."

Many materials used for the stand down were donated by various Tucson area agencies, Mr. Halstead said.



Some of the Davis-Monthan volunteers who participated in the veterans stand down held May 21.

"The veterans had access to breakfast and lunch donated by local restaurants; clothing, including shoes donated by veteran organizations and the military services; showers with free towels and hygiene items; health assessments, including tuberculosis tests; VA benefit counseling; employment assistance and other community information resources," he said.

With a little help from the Desert Lightning community, the stand down proved extremely successful by his standards, Mr. Halstead said.

"There were 109 veterans served at the event," he said. "Twenty-five of the veterans received health assessments, and there were even five job referrals made during the event. The agency support was comprehensive and ensured these veterans received every opportunity to thrive."

While volunteers came from across the entire Tucson community, D-M volunteers played a big part in the event.

"Team D-M was the key element in making this event a complete success," Mr. Halstead said. "With 30 volunteers from 11 separate organizations on the base, our team proved to the veteran community we are an important force multiplier when it

comes to providing support. Our volunteers were compassionate and considerate; treating every person with dignity. Numerous vets thanked our members for their care and concern during the event. It was a great example to our community that we care and want to help our fellow veterans in any way possible."

The ongoing success of this and past stand downs is evidenced by the quality-of-life improvements shown in veterans' lives.

"The beneficiaries of this event hold a synergistic effect," he said. "Nothing is more gratifying than going back to this event and see a veteran who was once homeless and is now thriving, working for, or volunteering with a veteran service organization."

"The veterans stand down is just one more example of helping our own," Mr. Halstead said. "The sobering fact is homelessness is a real issue with real implications that is closer to us than we think."

"While the largest populous of homeless veterans are still from the Vietnam and immediate post-Vietnam era, there are already Operations Enduring Freedom and Iraqi Freedom veterans with no homes. Taking care of those of a bygone era is just as important, but the impact quickly hits home when you see veterans that served during the same time we did."

The important thing to remember here, Mr. Halstead said, is that misfortune can happen to anyone.

"The event specifically teaches a very important life lesson," he said. "The homeless vets were from every walk of service life: officers, enlisted, guard, reserve and spouses. Regardless of pay, status, or place in life; they have found themselves homeless."

For more information about veteran stand downs and volunteer opportunities associated with them, contact Mr. Halstead at 228-3891.

Lt Col returns home in time to witness child's birth

By Staff Sgt. Tammie Moore
355th Wing Public Affairs

Stepping off the final airplane when returning home from a deployment can symbolize something different to everyone, but for one Airman stationed at Davis-Monthan it symbolized the first step in his new life.

After serving at Ali Al Salem Air Base, Kuwait for six months, Lt. Col. Shannon Jurrens, 355th Security Forces Squadron commander, disembarked a plane at Tucson International Airport hours before his wife, Emma, gave birth to their first child, Alexandria, March 2.

Colonel Jurrens was originally scheduled to deploy for three months allowing him to return home in plenty of time to witness his daughter's birth, but his deployment was extended after his arrival in Kuwait.

"When I left, my wife and I both knew that there would be a chance my deployment could be extended," Colonel Jurrens said. "But, part of being in the military is the ability to put service before self."

Leaving after Mrs. Jurren's first trimester, the colonel was not able to be part of his wife's experiences first hand. However, that does not mean he missed out on everything.

"Luckily I was able to talk to Shannon by phone and e-mail him pictures of me as my tummy grew," Mrs. Jurrens said.

"My wife would even scan her sonograms and send them to me," Colonel Jurrens said.

While Colonel Jurrens was scheduled to return after Alexandria's due date, the baby was able to delay her birth until her dad arrived home.

Two of Colonel Jurrens' neighbors met him at the airport, one took his luggage home for him and the other rushed him to the hospital.

"Andra was a week late, so I scheduled to be induced on what I thought was the day after he was supposed to arrive," Mrs. Jurrens said. "It turned out that he had to spend the night in Baltimore, MD, so he didn't actually arrive until I'd been in the hospital for about six hours."

Another unexpected delay such as a broken plane would have prevented Colonel Jurrens from making it home in time to witness his daughter's birth.

"I was ecstatic he was there," Mrs. Jurrens said. "Toward the end I was kind of scared of the entire birthing process and really wanted him to be with me for comfort. I am really glad he was the first person to hold her and start forming a bond that I'd had nine months to form."

Being able to witness this once-in-a-lifetime experience has left a mark on the colonel.

"It is hard to put into words," Colonel Jurrens said. "It was the neatest thing that has ever happened to me."



Courtesy photo

Lt. Col. Shannon Jurrens, 355th Security Forces commander, holds daughter, Alexandria. Colonel Jurrens returned home from his deployment hours before her birth.

Using caution vital to keeping identity safe

By Maj. Andrew Krog

Air Force Special Operations Command
judge advocate office

HURLBURT FIELD, Fla. — According to the United States Postal Service, identity theft is America's fastest-growing crime. The Federal Trade Commission estimates up to 10 million Americans become victims of identity theft a year. If you become a victim, you will have to pay about \$500 to \$1,000 and spend 30 to 60 hours of your time trying to fix the financial damage, and it will still take years to fully repair your credit. Although newer forms of identity theft like "phishing" (where thieves send phony e-mail messages trying to trick people into giving up personal information) and "skimming" (using fake credit card readers to steal electronic data) have received attention lately, a recent study found most identity theft cases still occur the old-fashioned way: Thieves stealing someone's wallet or checkbook and running up debt.

A distant second are cases where friends, relatives or acquaintances have access to personal information and loot the owner's account, followed closely by theft of personal information from businesses by employees, stolen mail or a fraudulent post office change of address, computer "spyware" and other viruses and personal information harvested from people's garbage.

Garbage can yield a stunning amount of information. During an inspection at Moody Air Force Base, Ga., inspector general representatives on a "dumpster dive" found so much personal information on one individual, including Social Security number, full signature and account number, they could have easily stolen her identity.

With all the threats out there to your personal information, the most important thing you can do is pay attention. Identity theft victims who monitor their finances online average only about \$500 in losses, compared to almost \$4,500 in losses for those who relied on paper statements. Check your credit report at least once a year to

"If you become a victim, you will have to pay about \$500 to \$1,000 and spend 30 to 60 hours of your time trying to fix the financial damage, and it will still take years to fully repair your credit."

Maj. Andrew Krog,
Air Force Special Operations Command
Judge Advocate Office

look for changes or errors. A recent federal law entitles every American to one free credit report a year from each of the "big three" credit reporting agencies (Experian, TransUnion, and Equifax), by the end of 2005, people will be able to get three free reports a year.

Next, protect your personal information. Limit the number of credit cards you carry in your wallet or purse as well as Personal Identification Numbers. If you must write a PIN down to remember it, disguise it as a phone number or anything other than a PIN. Don't just throw away sensitive information such as bank statements, leave and earnings statements, or those annoying "convenience checks" that flood your mail; these documents should be shredded.

Finally, be suspicious of Internet traps. Most transactions are safe and secure, but keep alert for scams. Your bank should never have to call you and ask for your account number or PIN. If you get information saying there is a problem with your account, call the bank or company directly.

If you become a victim, the first thing you should do is contact the Federal Trade Commission. The FTC has a lot of good information to help quickly stop your losses and begin repairing your credit. You can reach the FTC by calling their ID Theft Hotline at 1-877-IDTHEFT or via the Internet at www.consumer.gov.

The next thing to do right away is call one of

the three credit reporting agencies and request a "fraud alert" be placed on your credit report. A fraud alert on your account is a 90-day tag, which you can renew as needed for up to seven years, that will prevent changes or new accounts without personal verification that the requester is you. It also gets you a free credit report. The law requires that if one of the "big three" is notified of a fraud alert it must inform the other two, so you only have to call one.

Once you have done that, you need to call all your creditors immediately to close your accounts and dispute any charges you didn't make. Take notes of who you called and when. Make sure you get names and work centers too.

You should also file a police report. Even though many times there is little the police can do to recover your losses, a police report will come in handy when you are trying to convince a credit company that you were an identity theft victim and not just another deadbeat debtor.

There is one last item of special protection that military members can use to avoid becoming an identity theft victim. Congress recently created an "active duty alert" that can be placed on your credit report to give you additional protection while you are away from home. This will require creditors to call you or otherwise positively confirm your identity before extending any credit on your account. It will also restrict creditors from sending you "pre-screened" or "pre-authorized" credit offers. Active duty alerts are created exactly the same way as fraud alerts and will last for 12 months, and can be renewed as often as required. All you need to get an active duty alert is to be on active duty and have temporary duty orders or be scheduled to deploy.

In an increasingly digital world, the threat of identity theft will likely grow ever larger as thieves and swindlers cook up new ways to part inattentive people from their money. By protecting your personal information and keeping a vigilant eye out for any suspicious activity, you can significantly reduce your odds of becoming a victim.

Final Answer — What will you do to keep yourself safe during the 101 Critical Days of Summer?



**Airman 1st Class
Jon Gilliland**
355th Communications
Squadron

*"I will wear sunscreen
and drink lots of
water."*



**Tech. Sgt.
Lenny Ambrosio**
355th Wing

*"I will maintain a
higher level of situ-
ational awareness both
on- and off-duty."*



**Senior Airman
Sherrilyn Ceja**
355th Operations
Support Squadron

*"I'll work out indoors
instead of outdoors."*



**1st. Lt.
Fernando Ruiz**
355th Mission
Support Group

*"I plan on staying fully
hydrated and to work
out during cooler
hours of the day."*



**Staff Sgt.
Kristy Engholm**
612th Air Intelligence
Squadron

*"I'll practice good
operational risk man-
agement."*



**Airman 1st Class
Robert Catts**
612th Air Communica-
tion Squadron

*"I'll drink about twice
as much water, save
chores for the evening
when it's cooler and
limit time in the sun."*

(Editors note: Next week's Final Answer question is: **"If you could go on a temporary duty assignment to any base, where would it be and why?"** If you would like to submit an answer for an upcoming edition of the Final Answer column, or if you would like to give new ideas and suggestions for the Final Answer column, contact the Desert Airman staff at desert.airman@dm.af.mil or Airman 1st Class Clark Staehle at 228-5092. Volunteers who submit answers must also be available to take a photo during the same week.)



Photo by Airman 1st Class Clark Staehle

Airman 1st Class Anthony King (left), 41st Electronic Combat Squadron, and Lt. Col. Charles Schnarr, 41st ECS, discuss topics at a squadron booster club meeting at Davis-Monthan Air Force Base May 25.

41st ECS names new commander

The 41st ECS was activated at D-M in July 1980. Accomplishing the Compass Call mission, the squadron is a vital member of the base and is poised for immediate deployment to specific theater contingencies. The unit's combat mission is to support the tactical air, ground and naval operations by confusing the enemy's defenses and disrupting command and control capabilities. The area of responsibility includes Central Command and Southern Command. The squadron operates and maintains the EC-130 aircraft, a specially configured version of the Air Force's proven C-130 transport. To execute its unique operations, the aircraft were modified with electronic countermeasures systems, specialized jamming equipment, aerial refueling capability as well as upgraded engines and avionics.

Colonel Schnarr assumed command of the 41st ECS May 13.

Now open for business

The 354th Fighter Squadron opened the doors to their new building Tuesday. The \$2.5 million project took a year and a half to complete.

This project took the hard work of a lot of people who were able to

come together as a team to make it happen, said Lt. Col. Martha McSally, 354th FS commander.

"This is what fighter squadrons across the Air Force should look like, said Col. Michael Spencer, 355th Wing commander.



Photo by Airman 1st Class Jesse Shipps

(From left to right) Col. Michael Spencer, 355th Wing commander, Airman 1st Class Samantha Bradshaw and Lt. Col. Martha McSally, both with the 354th Fighter Squadron, cut the ribbon on the Bulldogs' new facility.



Sonoran Spotlight

(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member — officer, enlisted or civilian — of Davis-Monthan Air Force Base.)



Photo by Airman 1st Class Clark Staehle

This week's Sonoran Spotlight is Airman 1st Class Brenda McClain of the 25th Operational Weather Squadron. Airman McClain is a weather forecaster. According to her superintendent, Master Sgt. Rubi Tornero, she was nominated for the spotlight because she, "continuously places service before self. She is an outstanding weather forecaster who continuously goes above and beyond the call of duty. As secretary of the AADD, she is the backbone of the program and has invested

more than 100 hours to its success. Airman McClain has also contributed more than 200 hours to base and local community activities. Her routine involvement includes Special Olympics, Big Brother/Big Sister, Adopt-A-Street and much more."

The following are Airman McClain's responses to a variety of questions.

What are your main job

responsibilities? I forecast the weather for all Air Force and Army support in California, Nevada and Arizona. I forecast for the troops on the ground as well as the weather that affects the planes in the air.

What is your most memorable moment in the Air Force? When my parents came onto the parade grounds after my graduation from Basic Military Training. It meant the world to me that they came down from Montana to support me.

What do you like best about D-M? There is no humidity here like there was at Keesler Air Force Base, Miss.

What is the best advice you've received in the Air Force? To always stick up for myself and stand up for what I believe in.

Four D-M Airmen selected to receive commissions

Four Airmen from the Davis-Monthan Air Force Base community have been selected to receive commissions. The April 2005 Airman Education and Commissioning Program Board, Maxwell Air Force Base, Ala., selected the Airmen among many applicants. The program allows Airmen to remain on active duty and continue to receive an income while going to school full time to complete their bachelor's degree as an Air Force Reserve Officer Training Corps cadet. The Airmen are as follows:

Staff Sgt. Sharlott Belgica
355th Medical
Operations Squadron

Tech. Sgt. Stephen Easter
355th Component
Maintenance Squadron

Staff Sgt. Robert McClanahan
355th Equipment
Maintenance Squadron

Staff Sgt. John Walton
355th EMS

Whoever said 'you can't teach an old dog new tricks' never met ... **DIEGO**

By 1st Lt. David Geiger
355th Security Forces Squadron

Military Working Dog Diego, 355th Security Forces Squadron, first entered military service in 2001 and went through extensive training at Lackland Air Force Base, Texas where he learned how to detect explosive odors. He also learned basic obedience and patrol work.

After graduation, MWD Diego was sent to Davis-Monthan where he was paired up with Staff Sgt. Jessica George, 355th SFS, his only handler. They were certified as a team in October 2003 and were sent to Phoenix, Ariz. to work with U.S. Secret Service agents to secure the first of many safe visits for President George W. Bush.

Their normal duties at D-M included conducting numerous vehicle searches and ensuring a safe and secure environment. They searched all contract vehicles coming on the installation, performed MWD demonstrations for distinguished visitors, responded to bomb threats, provided support for all Protection Level 1 resources and much more.

In March of 2004, the team was called upon to deploy to a forward location in the Middle East. While there, they were responsible for searching more than 5,000 fuel trucks as well as all other vehicles entering the installation.

"The physically demanding and the harsh conditions and extended hours proved difficult for Diego," Sergeant George said. "During this deployment, Diego developed a medical condition that made it difficult for him to continue his duties. He was taken to a local veterinarian who advised that he could no longer work in that location. He was diagnosed with hip dysplasia, which is deterioration of the hip joint."

Once back at D-M, he was placed on permanent Category II, which meant he could only be sent to locations with a veterinarian.

The team tested their skills at the 2004 Tucson Area K-9 Trials where they competed against 60 law enforcement teams.

Military Working Dog Diego and Sergeant George placed sixth out of 35 dog teams in detection capability and placed fifth with another handler from D-M for the top agency.

Military Working Dog Diego will be missed at D-M.

However, after evaluation, Sergeant George was able to adopt him. They made a permanent change of station move together to Incirlik Air Base, Turkey, Tuesday.

"We are getting ready to PCS to Turkey, and he's coming with us, so I'm going to spoil him rotten and let him enjoy his life," Sergeant George said. "I'm not going to put too much stress or pressure on him because of his condition. I want to thank the kennel master, Tech. Sgt. Bradley Guerry, 355th SFS, and Army Capt. Amy Pike, Rocky Mountain District Veterinary Command, Fort Huachuca, Ariz., for all their hard work in the adoption process. Without them, it would not have been possible to adopt him."

Military Working Dog Diego, 355th Security Forces Squadron is congratulated by his handler and partner Staff Sgt. Jessica George, 355th SFS, at his retirement ceremony. Military Working Dog Diego was awarded the Air Force Achievement Medal for outstanding service.



Photo by Staff Sgt. Lanie McNeal

D-Day

Paying tribute to Greatest Generation

By 1st Lt. Tony Wickman
Alaskan Command
Public Affairs

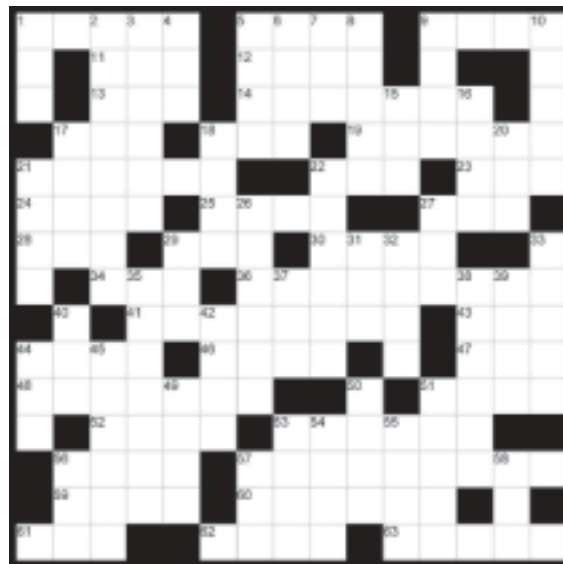
Across

1. D-Day beach
5. D-Day beach
9. D-Day beach
11. Stereo button (abbrev.)
12. Molecule part
13. Inventor Whitney
14. Tropical fruits
17. Epoch
18. Type of wood for furniture
19. Lawn rows
21. Countries who opposed Nazis, informally
22. Middle East country (abbrev.)
23. Sodium hydroxide
24. Lump
25. Something to cook with (two words)
27. After dinner dessert
28. Hearing organ
29. Spring mon.
30. Prod

34. Mil. org.
36. Of or relating to the cuticle
41. Site of D-Day
43. Pie ___ mode
44. Part of a church
46. Is sick
47. Computer connection
48. Operation name for naval portion of D-Day
51. Defeat
52. Joint
53. Stumble
56. Big rig
57. Deception operation for D-Day
59. Beloit college and 30 WI churches founder Stephen
60. Ordain
61. Writer Rand
62. 21 ACROSS opponent at D-Day
63. Pairs

Down

1. Movie genre ___-Fi
2. Name of D-Day Operation
3. Antacid tablet
4. Mil. language school in Monterey, CA
5. Punches
6. D-Day beach
7. Persona ___ grata
8. D-Day beach
9. Happy
10. Soak
15. Formerly
16. Mil. insurance
17. Singer Fitzgerald
18. Mil. fast
20. See
21. Makes a perfect score
22. Opens a brooch
26. Medical slang for an early birth
27. Each
29. Bother
31. Strange
32. R&B artist Alicia
33. Direction other than perpendicular or horizontal
35. Single occasion (two words)
37. Mate
38. Portugal museum



(The solution for this puzzle is located on Page 27.)

39. Unfortunately
40. Imitate
42. Airman basic, airman, airman first class, etc.
44. Picnic pest
45. Organ that produces immune cells
49. Mil. group
50. Egyptian king
51. Actress Midler
53. Singer Braxton
54. Greek god of love
55. Hue
56. Spook
57. Facsimile, in brief
58. Dike

Stay active, hydrated to help combat summer heat

By Stephanie Ritter
355th Wing Public Affairs

Whether you choose to run, jog, ride a bike or inline skate, one thing is clear; if you are going to exercise outside this summer, drink water.

"Do not wait until you are thirsty to drink," said Maj. Jennifer Kimmet, 355th Aerospace Medicine Squadron Flight Medicine flight commander. "By the time you feel thirsty you have already lost two quarts of water and are dehydrated. Drink water or other fluids throughout the day, even if you are not thirsty."

This can be especially important in a location like Tucson.

"In hot, arid climates, such as the desert, sweat cools your body but sweat evaporates as soon as it hits the dry air, which may keep you from feeling sweaty," Major Kimmet said. "Remember even though you may not feel sweaty, you are still losing water rapidly when you work in hot,

dry environments. In extreme heat, you are more susceptible to dehydration and heat stress that can lead to reduced performance, heat injury and irreparable kidney damage and death."

Athletes can take several steps to ensure they stay fit this summer.

"Limit exercise times to coolest part of the day or exercise inside an air-conditioned facility," said Michael Barnes, 355th Wing Ground Safety manager. "Also, drink plenty of water and exercise with a buddy."

"It is extremely important to hydrate, preferably with plain, cool water throughout the day, and before, during and after exercising," Major Kimmet said. "Small, frequent amounts of fluid are preferable and easier for your body to absorb than drinking large amounts only occasionally."

In addition, individuals should wear the lightest-weight clothing possible to allow sweat to evaporate.

"Wearing light colored clothing will also help keep you cool but keep as much of your skin covered as possible and wear sunscreen," the Major said. "Sunburn decreases your ability to sweat and increases your risk of heat-related illness."

The heat can have a significant impact on even the most athletic individual.

"Build up your tolerance to the extreme heat slowly," Major Kimmet said. "Don't expect to go out on the first really hot day of the year and run your usual distance and pace. It can take up to 10 days to fully adjust to performing your normal physical activity in extreme heat conditions. Take it slow to allow your body time to adjust and maintain an adequate hydration status."

In the event an individual suspects they are dehydrated, they should stop their physical activity immediately and move into a cool or shaded area

"Don't try and gut-out the activity and don't gulp large amounts of water, as you may make yourself sicker," Major Kimmet said. "Your body is giving you warning signals that if ignored can lead to heat injury, kidney damage or even death. If symptoms are severe, seek medical attention or call 911 if another person becomes unconscious or develops seizures."

While being dehydrated is still a factor once the sun goes down, there are additional things those who exercise at night should remember.

"If running after dark, wear a reflective belt or vest and run against traffic," Mr. Barnes said. "If riding a bike, use roads with bike lanes, ride same direction as traffic and wear a reflective vest or belt after dark and always wear a helmet."

Retired Senior Master Sgt. Terry Ronning, 355th Logistics Readiness Squadron, jogs on the track outside the Fitness and Sports Center. He wears a hat to help guard against the heat of the day.



Photo by Staff Sgt. Cat Casaigne

Fitness Center Classes

The following are classes offered at the Fitness and Sports Center and Haeffner Fitness Center. When applicable, class fees are listed. (* See instructor for fee information.) For more information regarding the classes, call 228-0021.

Monday

6 to 6:30 a.m. - Abdominal Class - Fitness Center
9 to 10 a.m. - Medium Intensity Water - FC
11 a.m. to noon - Pilates - \$2 - FC
11 a.m. to noon - Step Aerobics - Haeffner
Noon to 1 p.m. - Step and Sculpting - Haeffner
5 to 5:50 p.m. - Dang Soo Do (8-14 yr olds, white and yellow belts) - FC *
5 to 6 p.m. - Step Aerobics - Haeffner
6 to 6:50 p.m. - Dang Soo Do (8-14 yr olds, orange belts and up) - FC *
6 to 7 p.m. - Yoga - \$2 - Haeffner
7 to 8 p.m. - Dang Soo Do (15 years plus) - FC*

Tuesday

8 to 8:45 a.m. - High Intensity Water - FC
Noon to 1 p.m. - Circuit Training - Haeffner
5 to 6 p.m. - Spinning (Intense) - \$2 - Haeffner
5 to 6 p.m. - Step Aerobics - \$2 - FC
6 to 7 p.m. - Pilates - \$2 - Haeffner
6 to 8 p.m. - Self Defense (Kyokushin) - \$25/month - FC

Wednesday

6 to 6:30 a.m. - Abdominal Class - Haeffner
9 to 10 a.m. - Medium Intensity Water - FC
11 a.m. to noon - Pilates - \$2 - FC
11 a.m. to noon - Step Aerobics - Haeffner
5 to 5:50 p.m. - Dang Soo Do (8-14 yr olds, white and yellow belts) - FC *
5 to 6 p.m. - Step Aerobics - Haeffner
6 to 6:50 p.m. - Dang Soo Do (8-14 yr olds, orange belts and up) - FC *
6 to 7 p.m. - Yoga - \$2 - Haeffner
7 to 8 p.m. - Dang Soo Do (15 yrs plus) - FC *

Thursday

8 to 8:45 a.m. - High Intensity Water - FC
Noon to 1 p.m. - Circuit Training - Haeffner
5 to 6 p.m. - Step Aerobics - \$2 - FC
5 to 6 p.m. - Spinning (Intense) - \$2 - Haeffner
6 to 7 p.m. - Pilates - \$2 - Haeffner
6 to 8 p.m. - Kyokushin - \$25/month - FC

Friday

6 to 6:30 a.m. - Abdominal Class - FC
9 to 10 a.m. - Medium Intensity Water - FC
11 a.m. to noon - Pilates - \$2 - FC
11 a.m. to noon - Step Aerobics - Haeffner
Noon to 1 p.m. - Step and Sculpting - Haeffner
5 to 5:50 p.m. - Dang Soo Do (8 to 14 yrs, white and yellow belt) - FC *
6 to 6:50 p.m. - Dang Soo Do (8 to 14 yrs, orange belts and up) - FC *
7 to 8 p.m. - Dang Soo Do (15 yrs plus) - FC*

Saturday

10 to 11 a.m. - Step Aerobics - \$2 - FC

Sunday

10:30 to 11:30 a.m. - Step Aerobics - \$2 - FC
11:30 a.m. to 12:30 p.m. - Toning Class - \$2 - FC

Fitness and Sports Center Pool

The indoor pool is open Monday through Friday from 5 a.m. to 8 p.m., Saturday from 8 a.m. to 5 p.m. and Sunday from 9 a.m. to 5 p.m. For more information, call 228-0015.

Outdoor Recreational Pool

The Outdoor Recreational Pool is now open for the summer season. For more information regarding hours and cost, call 228-0015 or 228-3759.

Sports Shorts

2005 pool season info

Hours of operation during the summer season for recreational swim and open swim are Monday from noon to 5 p.m., Tuesday through Friday from 11 a.m. to 5 p.m. and Saturday and Sunday from 10 a.m. to 5 p.m. Adult and family swim are Monday through Thursday from 5 to 8 p.m. The hours for lap-swim time are Monday through Friday from 8 to 11 a.m. Daily fees are \$1.50 for adults, \$1 for children over the age of 2 years and \$3 for Davis-Monthan guests. There is no fee for children under 2 years or for lap swim. In addition, the cost of season passes at D-M have changed and are now determined by rank. Summer season passes are good from now until Aug. 31. Family passes for E-1 to E-4, GS-1 to GS-3 and NF-1 are \$20; for O-1 to O-2, E-5 to E-7, GS-4 to GS-8 and NF-2 to NF-3 are \$50; O-3 to O-5, E-8 to E-9, GS-9 to GS-11 and NF-4 are \$65; and O-6 and up, GS-12 and up and NF-5 and up are \$75. An

individual pass is now \$20 and there is no cost for dorm residents. Dorm residents can receive a free season pass from their first sergeant. Those who already paid the higher fee and are eligible for a lower priced pass may contact Connie Knoob at 228-3736 or visit Outdoor Recreation in Building 4430 after 8:30 a.m. for a refund. All refunds must be made at ODR. Those who purchased a pass for less than the current prices are not obligated to pay the difference.

Scorpion Football, Cheer

The 2005 Scorpion Football and Cheer season is fast approaching. Those who are interested in participating can sign up any Saturday in May, from 9 a.m. to 2 p.m. at Palo Verde Park. For more information, visit www.scorpions.tyfsf.com or contact Niki Swindle at 207-9013.

Summer golf specials

The Blanchard Golf course offers reduced rates all week long. All rates listed include cart and green fees. Monday through Friday the cost is \$19 after 9 a.m., \$16 after 1 p.m. and \$13 from 4 p.m. until sunset. Saturday and Sunday the

cost is \$19 after 1 p.m. and \$13 after 4 p.m. Those who do not want a cart will receive even lower rates. Visit the Blanchard Golf Course before 1 p.m. for adjusted walking rates. For more information, or to reserve a tee time, call 228-3734.

Scuba Diving Lessons

Outdoor Recreation now offers Scuba Diving lessons. The cost is \$85 a course and includes all instruction, materials and equipment needed. There are no other purchases required. Class dates are Saturday and Sunday, July 23 and 24 and August 20 and 21. Those who are interested should sign up no later than one week prior to the class. Course fees are due at time of sign up. Divers are certified by the National Association of Underwater Divers Worldwide. After completing the course, there will be an opportunity for students to go to San Carlos, Mexico for a graduation dive. The cost of the optional San Carlos dive trip is \$230 and includes three day worth of boat dives, lodging and all equipment. Transportation to Mexico is the student's responsibility. For more information, or to sign up, call ODR at 228-3736 or contact Mike

Chenevert at 1-520-896-2870 or send an e-mail to mchenevert@theriver.com.

Intramurals

The following scores are provided by the Fitness and Sports Center and are current as of Tuesday.

Monday/Wednesday	
Team	W-L-T
SFS	8-1-0
12 AF 1	8-1-0
CES	7-2-0
EMS	6-3-0
25 OWS	7-4-0
LRS	4-4-0
CS	4-5-0
AMARC	3-6-0
CONS	3-7-0
MDG	1-5-0
563 RQS	1-7-0
CMS 2	1-8-0
355 OSS	0-0-0
Tuesday/Thursday	
Team	W-L-T
355 AMXS	8-0-0
CMS 1	7-1-0
755 AMXS	5-3-0
755 OSS	4-3-0
Chiefs	3-3-0
DECA	3-4-0
12 AF 2	2-4-0
563 MXS	0-7-0
WOMEN'S	0-7-0

Chapel Information

Services and activities offered by the D-M chapels are listed below. For more information on Jewish or Muslim services; Sunday School programs; Vacation Bible School; Bible studies; youth groups; and ministries, call 228-5411.

Catholic Mass schedule

Saturday: First Saturday Mass is the first Saturday of the month at 9 a.m. in Hope Chapel. The Mass will be followed by a breakfast fellowship. For more information, call Jeff Morgan at 574-2567.

Mass is at 5 p.m., Sacrament of Reconciliation is at 4:30 p.m. at Desert Dove Chapel.

Sunday: Mass is at 7:30 and 10 a.m., Sacrament of Reconciliation is at 9:15 a.m. at Desert Dove Chapel.

Protestant Services schedule

Sunday: Contemporary Service is at 9:45 a.m. and Gospel Service is at 11:15 a.m. at Hope Chapel. Traditional Service is also at 11:15 a.m. but at Desert Dove Chapel.

Education Services

AECF expands

The Airman Education and Commissioning Program has expanded its requirements to develop officers with international skills. A new expanded list of authorized AECF foreign language and regional studies majors has been provided to the Base Training and Education Services office by the Air Force Institute for Technology. For more information, call Norma White at 228-4229 or Rafael Maldonado at 228-3484.

Scholastic Aptitude Test

An SAT will be administered June 17 in Building 3200, Room 265 at 8 a.m. This will be the last SAT for the summer. Testing will resume again in October. Only the ACT will be offered at the Defense Activity for Non-traditional Education Support Military Testing Center until September. For more information, call Norma White at 228-4249 or Rafael Maldonado at 228-3484.

CCAF Graduation

The Community College of the Air Force Spring 2005 graduating class is the largest to date with 152 graduates. The CCAF graduation ceremony will be held June 13 at 2 p.m. at The Desert Oasis Enlisted Club. Graduates must be in place no later than 12:30 p.m. and must be in service dress uniform for practice and the photo session. For more information, call Norma White at 228-4249 or Rafael Maldonado at 228-3484.

Meeting with U of A advisor

An academic advisor from the University of Arizona will be available Monday in Building 3200, Room 264 from 1:30 to 4 p.m. Both walk-ins and appointments are available. For more information, call Judy Seger at 626-8201 or send an e-mail to jseger@email.arizona.edu.

Foreign transcripts

Foreign transcript evaluation services are listed on the Defense Activity for Non-Trad-

Working to make a difference

By Gregory Pleasant
355th Mission Support Squadron

The Retired Enlisted Association Chapter 91, Tucson, Ariz. recently elected its new Board of Directors for year 2005. The total membership for TREA Chapter 91 is approximately 249 members and increasing monthly.

As part of the Davis-Monthan community, the mission of TREA Chapter 91 is to enhance the quality of life for uniformed services enlisted personnel, their families and survivors — including active components, reserve and guard components, and all retirees; to stop the erosion of earned benefits through legislative efforts; to maintain esprit de corps, dedication and patriotism; and to continue the devotion and allegiance to God and country.

Chapter 91 is excited about the upcoming 2005 year to help enlisted personnel and their families during these trying times and absence of family members either on temporary assignment to the war zone or on other military mission responsibilities. Last year, 2004, TREA provided active-duty member's families with 18 food baskets for Thanksgiving, 22 food baskets for Christmas and in February they

donated \$200 to the Hope Chapel. These are only a few examples of TREA Chapter 91's involvement in the Military community.

All retired and active-duty enlisted personnel from all branches of Service with ten or more years of service, or who permanently medically retired, are eligible for membership. Also eligible for membership are associate members or widows and widowers of deceased enlisted retirees who were TREA Chapter 91 members or who were eligible for regular membership at time of death.

The Board of Directors meetings are the first Tuesday of each month and the general membership meetings are the third Tuesday of each month. Meetings are held at Hope Chapel at 10 a.m. All those on active duty and retirees are invited to attend a meetings to see if they would like to become a member. Or, for more information regarding membership or dues, contact Larry Gurley, TREA president, at 520-886-7022, send an e-mail to lagurley@cox.net or send a letter to The Retired Enlisted Association, Chapter 91, P.O. Box 15166, Tucson, AZ 85708.

Through TREA, an individual's efforts can make a difference at Davis-Monthan.

tional Education Support Web site at <http://www.dantes.doded.mil>. The two companies are American Association of collegiate Registrars and Admissions Officers at www.aacrao.org/credential/index.htm and the National Association of Credential Evaluation Services at www.naces.org/. These companies charge a fee which is the responsibility of the student.

Family Support Center

Time For Tots

The next Time for Tots will be held Wednesday and June 15 from 9:30 to 10:30 a.m. at the Desert Dove Chapel. Come and meet other parents while the children enjoy fun and activities. For more information, call 228-5690.

Pre-separation Counseling

This class is mandatory for Airmen who are retiring or separating from the Air Force. The next classes will be at the Family Support Center Tuesday and June 14 from 9 to 10 a.m. The class will acquaint departing members with services and agencies available to help them transition to the civilian workforce. The class size is limited to 20 attendees and should be scheduled no later than 90 days before separating. For more information, or to sign up, call 228-5690.

Right Start Base Orientation

Right Start Base Orientation is designed to welcome all newcomers to Davis-Monthan and the Tucson area. Leadership and base agencies discuss a variety of programs and services available. The next orientation June 14 from 8 a.m. to 4 p.m. at The Desert Oasis Enlisted

Club. Medical Right Start is from 12:40 to 4 p.m. Free childcare is available but must be arranged ahead of time. For more information, or to sign up, call 228-5690.

Happenings

JROTC instructors needed

The Air Force is in need of Junior Reserve Officer Training Corps instructors. They are looking for Airmen who want to use the skills they learned and the education they received in the Air Force to prepare high school students to take their place as tomorrow's citizens. Retired Airmen interested in becoming JROTC instructors must have retired from active duty within the last five years. In some cases, the five-year requirement may be waived up to 10 years, based on the needs of the program. Airmen on active duty may apply for positions when they are within six months of their retirement date. Officers must have a bachelor's degree or higher and NCOs must have a high school diploma or equivalent, but an associate's degree or better is desirable. For more information, call (866) 235-7862, extension 35275 or 35300 or DSN 493-5275 or 493-5300. Information is also available at www.afaots.af.mil.

D-M Thrift Shop

The D-M Thrift Shop is located on Ironwood Street across from the bowling alley. Starting Tuesday, the Thrift Shop will start summer hours which are Tuesday and Wednesday from 9 a.m. to noon with consignments closing at 11:30 a.m. The Thrift Shop will be closed during the month of July.

Dog days of summer

Four-legged friends can be victims during hot weather

By Stephanie Ritter
355th Wing Public Affairs

With thermometers consistently hitting 90 degrees it is clear that summer has arrived in the Old Pueblo. And as the temperature continues to rise, so does the need for each dog owner to take extra steps to protect the health of their four-legged friends.

"Dogs must have fresh, clean water available at all times while they are outside," said Kathreen Peach, 355th Services Squadron Veterinary Treatment Facility operations manager. "Automatic water dishes are available at the local pet stores. They should be checked daily to ensure they are working properly and are clean."

Checking the water dish is important as dogs may inadvertently knock over their dish during the day.

According to officials at the Humane Society for Southern Arizona, the law requires that animals must have easy access to natural or artificial shelter which protects them from extreme desert temperatures. The shelter must provide adequate ventilation and drainage, and any artificial shelter, such as a dog house, must be well-built and maintained in good condition, and protect the pet from extreme weather year-round. The shelter must be large enough for the animals to enter, stand, turn around and lie down in a natural manner.

"Animals that are light in color can get sunburned if exposed to the sun for long periods of time without adequate shade or shelter," Ms. Peach said.

According to the Pima Animal Care Center Web site at <http://www.pimaanimalcare.org/>, pet owners should never leave their dogs in a hot car.

The site states that interior vehicle temperatures can reach 160 degrees and simply opening

the window will not provide enough ventilation to cool a pet. Pets could die or suffer permanent brain damage in less than five minutes.

"If you like to take your dog out for rides, you can take them to the dog parks here in town, the pet stores or Bookman's," Ms. Peach said. "This will keep your dog involved in going out with you and your family. It also keeps your dogs exposed to social settings. There are many dog activities available here in Tucson. You may want to contact the Humane Society to find out more about these programs."

In addition to avoiding leaving dogs in cars, owners should also refrain from tying their dogs up outside.

Tie-outs are illegal in Pima County, the city of Tucson and Oro Valley, said Jill Wohlfeil, HSSA community relations manager.

The reason for the law is that tie-outs can be dangerous. The tie-out can get tangled and prevent a pet from reaching shade or cool water.

Those who do not obey the rules of Pima County and the City of Tucson in regards to pet care are not only jeopardizing their dog's health but their own well being as well.

"There are criminal penalties for endangering an animal," Ms. Wohlfeil said. For a felony, serious bodily injury or death, an individual can face three years in prison and/or a \$25,000 fine. For a misdemeanor in which an animal suffers in some way, a person can face three months in jail and/or a \$2,500 fine.

But, the staff at the base VTF point out that maintaining a pet's health is not limited to avoiding the dangers of summer.

"Proper care of your pets also includes getting their vaccinations," Ms. Peach said. "Puppies should receive vaccinations every three to four weeks beginning at six to eight weeks of age. They will complete their vaccinations at about four months of age and annually thereafter. We



Photo by Chris Sweeney

Marcus Smith, son of Lisa Smith, 355th Services Squadron, and Staff Sgt. Andrew Les, 355th Civil Engineer Squadron, makes sure his puppy, Odie, has plenty of water and shade. Living on base, Odie's owners made sure he was registered with the base Veterinary Treatment Facility and that his shots were updated.

have already had several confirmed cases of parvo in housing so vaccinations are required to ensure your pet's health and that of your neighbor's animals."

In addition, those living on Davis-Monthan must register their pets between seven to 10 days after moving on base.

For more information regarding summer pet care, call the VTF at 228-3529.

Services Activities

Information for the Services Activities courtesy of Chris Sweeney, 355th Services Squadron. For questions, contact Mr. Sweeney at 228-7352.

ACC Teen Lock-in

Teens from the D-M community are invited to participate in an Air Combat Command Teen Lock-in today from 9 p.m. to 7 a.m. at the Youth Center. During this year's lock-in there will be base-to-base challenges, command-wide competitions, prizes, food and fun. Help D-M bring home the ACC award and win a pizza party. The cost of the event is \$20 and permission slips are required. For more information, call 228-8844.

Scholar Summer Special

Honor roll students are invited to

bring in their final report card to The Desert Oasis Enlisted Club and they will receive one free Sunday brunch voucher good through Aug. 31. The student must be accompanied by a parent or guardian who is a club member. Details and report card vouchers are available at the club cashiers cage or call the club at 228-3100.

Fourth of July celebration

Davis-Monthan will host a Fourth of July celebration again this year at Bama Park. There will be food, beverages and novelty booths along with a Kid's Zone featuring jumping castles and a kid's disc jockey. Live entertainment will be on-hand and a DJ will play the latest hits throughout the event. This year's festivities start at 5 p.m. A fireworks display synchronized to

music will begin at 8:30 p.m. On-base shuttles will be available from both elementary schools beginning at 5:30 p.m. and ending at approximately 10 p.m. Maps will be available on the back of the Fourth of July flyers available throughout Services Activities. Coolers and pets are not allowed at the event. For more information, call Jody Evans at 228-3841 or send an e-mail to jody.evans@dm.af.mil.

Preteen Girl Power Day

D-M will host a Preteen Girl Power Day July 12 from 8 a.m. to noon at the Community Center. As part of a Boy & Girl Scouts of America Skills Mastery and Resistance Training program, Preteen Girl Power is a prevention program that educates girls about healthy attitudes and lifestyles. During the

day, topics may include physical and emotional growth; media influence and body image; eating disorders; sexually transmitted diseases; the importance of regular health exams; exercise and physical activity; culture and food; and healthy appetites. The event will include guest speakers from D-M's Health and Wellness Center and Women's Clinic. For more information, call Kathy Sands at 228-8373.

Spa, Relaxation Baskets

Those looking for a special gift are invited to stop by the Arts and Crafts Center and check out their Spa and Relaxation Baskets. These baskets contain body lotion, body wash and body scrub. They also include teas, coffee cups, cookies and more. Baskets start at \$9.95. For more information, call 228-4385.



